An early learning collaboration by:

A boost of confidence can come from you! Work together to create your child's "I Can" flower. Invite your child to draw their face at the center of a flower and draw 4-5 large petals around the center. Encourage him/her to do each of the activities listed below, then choose a petal and draw themselves doing the activity inside:

1. Take three deep belly breaths and say, "I can calm myself down."
2. Say one thing you are really good at and then say, "I can do it, I have what it takes!"
3. Move your body in a way that shows how you're feeling inside and say, "I can show how I feel without using words."
4. Give yourself a hug and say "I can give myself a hug!"
5. Draw the flower stem, then write and say a few things your child can do (i.e. draw, be kind, ask for help, jump, etc.).

When you and your child are finished, hang up the flower in a place where you will see it often!

Connect with the Story

Connect what your child reads with what happens in their own life. This will help you and your child stay engaged and will help your young one better understand and remember the story. For example, "that character has a dog like us" or "sometimes I get sad too."