Creating special traditions with your family can help everyone feel more connected. More importantly, traditions create positive memories for children.

**A New Family Tradition**

Use a blank piece of paper to talk or draw about a new family routine or ritual with your little one. Use the following ideas to get your planning started:

- **What** special meal or recipe could we make together to celebrate the holiday?
- **What** game could we all play together?
- **How** could we make our new tradition extra special? (For instance, children could make special placemats or decorations, or everyone at the table could share the best part of their year, etc.)
- **Share** the idea with other family members and decide together on your new tradition.
- **Then**, encourage children to draw it out and help them put it in their own words (write down what they say).
- **Post** the page for everyone in the family to see so everyone is ready to participate in the new tradition!

This activity is inspired by Sesame Street in Communities’ activity, “A New Family Tradition.”

**Family Reading Tip: Match Books to Activities**

Whenever you go out with your little one – taking a trip to the grocery, feeding ducks at the park, or having a friend over to play – read a book about it. This introduces your child to new words that he or she can use to describe activities.

*All books are available at your local libraries or click on each book cover for read-aloud links!*

- **Bee-bim Bop!**
  - Linda Sue Park

- **Too Many Tamales**
  - Gary Soto

- **Grandma’s Gift**
  - Eric Velasquez

- **Bringing in the New Year**
  - Grace Lin

- **Saffron Ice Cream**
  - Rashinthe Kheiriyeh

- **Fry Bread**
  - Kevin Noble Maillard

- **Let’s Eat! A Comer!**
  - Pat Mora

- **Amy Wu and the Perfect Bao**
  - Kat Zhang

An early learning collaboration by: