Read Every Day

Read to your child every day. Make this a warm and loving time when the two of you can cuddle close. Go ahead and read your child’s favorite book for the 100th time!

Monthly Activity

Making a book with your child about your favorite times promotes early literacy skills. This also helps children build self-esteem and strong connections to their family.

Favorite Time!

1. Gather supplies around your house to use as book pages, such as cardboard from cereal boxes, the paper from this flyer, paper towels, etc. To make a book, you can:
   a) Fold the paper materials in half to form pages, or
   b) If using cardboard, punch holes in the side and use string or yarn to tie the pages together.

2. On each page, have your child use markers, crayons, or pencils to draw a favorite family activity.

   Some topics to talk and draw about may include:
   - What do we like doing together?
   - Where does this activity take place?
   - What do you enjoy most about this activity?
   - What makes this activity fun?

3. By working together creatively, you are helping your child learn how to innovate with new materials and providing a great opportunity to show that you appreciate the time you spend together.

This activity is inspired by “Favorite Time” and “Family Together Time” from Sesame Street in Communities.

SesameStreetinCommunities.org/activities/favorite-time/
SesameStreetinCommunities.org/activities/family-together-time/

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