An early learning collaboration by: Read from the Start

Black History Month
February 2020

Monthly Activity

As we celebrate and talk to our children about diversity, it is important that our messages help them learn to both respect and appreciate people's differences as well as understand all the things we have in common.

We are Different/
We are the Same

Try one of these quick activities to help your child think about people who may be similar to or different from themselves.

1. Ask your child to strike a superhero pose and share one special thing about him- or herself. Ask your child to share something special about a friend or family member.

2. Have your child think about their friends or family members. Ask them to think of ways they are the same, and ways they are different. What color hair and eyes do they have? How many ears? Do they wear glasses? What is their favorite color? What do they like best about that person?

3. Talk about families you know. Invite kids to draw and share a family picture. Share, "Not all families are the same. Some families have one parent, some have two, some may even have more. Sometimes there are brothers or sisters or grandparents." Then talk about what's true of all families—for instance, that they all love and want to take care of each other.

This activity is inspired by "We Are All Different; We Are All the Same" from Sesame Street in Communities. sesamestreetincommunities.org/activities/we-are-all-different-we-are-all-the-same/

Ask Questions:

Stop and ask questions while reading to your little one. Take time to listen to your child's answers. When you encourage your child to tell you what he or she thinks, you're building language skills, encouraging critical thinking and learning more about how your child sees the world at the same time.

Monthly Family Reading Tip

Start a love of reading, one book at a time!