An early learning collaboration by:

Black History Month
February 2021

Books listed below are available in e-book or regular book format for pick up at your local library.

**Monthly Activity**

You can help build your little one’s self-esteem by reminding them they are special and unique. You can also help them build empathy for others by asking them to think about what makes others special.

**Knowing You’re Special**

1. Ask your child to think of something special about themselves. What are they proud of? What are they good at? What makes them unique?
2. Next, have your child draw or act out their ideas. Make sure to echo the positive qualities they share.
3. Next, ask your child to think of a friend or family member and what makes that person special. How are these people unique from or similar to your child?
4. Repeat step 2 by having your child act out or draw these special qualities of others.
5. Lastly, remind your child that everyone has qualities that make them special and unique and these should be celebrated!

**Monthly Family Reading Tip**

Reading with your child every day is a great way to bond with them and build a love of reading from birth. Just a couple minutes of reading every day will help them build strong vocabulary and reading comprehension skills, as well as gives you quality time with each other. Make sure to remind your little one how much you enjoy reading and spending time together to make the time an even more positive experience!

- **The Oldest Student**
  - Rita L. Hubbard
- **All Because You Matter**
  - Tami Charles
- **Althea Gibson: The Story of Tennis’ Fleet-of-Foot Girl**
  - Megan Reid
- **Cool Cuts/Happy Hair**
  - Mechal Renee Roe
- **I Am Perfectly Designed**
  - Kamaro Brown
- **Black is a Rainbow Color**
  - Angela Joy

This activity is inspired by Sesame Street in Communities’ activity, “Building Self-Esteem.”

Start a love of reading, one book at a time!