An early learning collaboration by:

Shake it Up!

Family Activity

Reusing household items is a great way to reduce waste. Think about household items, like cardboard tubes or cartons that you and your child can repurpose to make your own instruments!

Shake it Up!

1. Gather your supplies: Collect glue, scissors, crayons or markers, a cardboard tube, rubber bands, rice, beans, or beads, construction or wax paper, and craft supplies.
2. Dress it up: Cut paper for your child to fit around the tube. Then, have them decorate the paper using crayons or markers. No paper, just decorate right on the tube! Go wild and use craft materials to create a fun design.
3. Glue it: Cut two pieces of paper, larger than the ends of the tube. Next, help them glue 1 piece of paper to 1 end of the tube and secure it with a rubber band.
4. Add a little shake: Pour a small amount of dry beans, uncooked rice, or beads into the tube and seal the other end of the tube in the same manner as Step 4.
5. Shake it: Ask your child to shake their new instrument to create their own unique rhythms. Don’t forget to dance and move to the music! You can even recycle more household items into instruments and create a whole band!

Family Reading Tip: Story Charades

Choose a story your little one knows well and try acting out the beginning, middle, and end. Assign characters, gather an audience, or not, and bring the story to life! This activity helps young readers reexamine and understand the details and order of a story.

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