

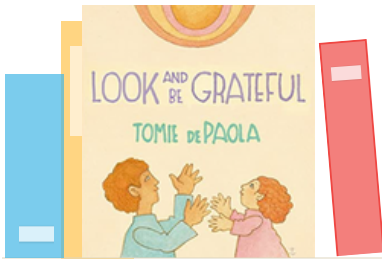


Kindness and Gratitude

November 2022



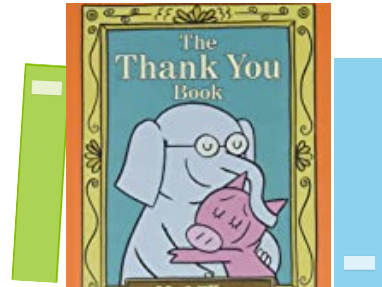
All books are available at local libraries. Click on each book cover for read-aloud links!



Look and Be Grateful
Tomie de Paola



Thank You Bear
Greg E. Foley



The Thank You Book
Mo Willems



The Girl and the Bicycle
Mark Pett



When Grandma Gives You a Lemon Tree
Jamie L.B. Deenihan



Sidewalk Flowers
Francesca Sanna

Family Activity: Growing Empathy

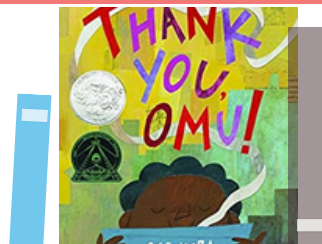
Everyone can develop empathy, but it needs to be taught. Families can model kindness with their own everyday acts. Help plant the seeds of empathy by:

- **Asking** children to notice when one of their peers is sad or hurt, and imagine why they're feeling that way. What might they do to make that person feel better?
- **Inviting** children to stand in someone else's shoes. Literally! Switch shoes and imagine what the person whose shoes they're wearing would say and do. (only positive statements allowed!)
- **Playing** a "compliments" game: Pick one person as the "star of the day." Others say one nice thing about that person. The next day, choose a new star until everyone has had a chance.
- **Helping** the larger community. Brainstorm a project that your family can do to make your community a better place: for everyone: save old towels for an animal shelter, recycle newspapers, collect cans for family shelter, etc.

[Inspired by Sesame Street in Communities Activity, "Growing Empathy"](#)

Family Reading Tip: Reading Together Matters

The importance of reading with your child is the time you spend with them. This month we have a couple of wordless picture books for you to share with your little ones. Get creative with the story you create, tell it in your home language or act it out!



Thank You, Omu!
Oge Mora



What Is Given from the Heart
Patricia McKissack

An early learning collaboration by:



Scan the QR code!

