Family Activity: The C’s of Citizenship

Help your children grow into responsible, caring members of the community with these activities!

- **Community**: Explain that most people belong to a community—a place in which people live together. Ask kids to draw or share about different people in their community and how those people help others.
- **Connecting**: is an important part of living within a community. Draw a picture with your child that shows the people you’re connected to in your community.
- **Communication**: Talking and listening are great ways to be a good neighbor. It’s also important to let others know when we need help.
- **Change**: Help children remember that there is always something we can do to make things better, even in small ways! Encourage your child to do acts of kindness for their community, such as leaving kindness rocks or pictures or bringing snacks to neighbors.
- **Compassion & Caring**: Explain the idea of “circles of compassion and care,” through art. Ask your child to draw themselves at the center of a circle, then draw a circle of family and friends around their circle, then draw a circle of neighbors and other community members. In tough times, we can remember all of the people in our circle who can help us.

Activity inspired by Sesame Street in Communities activity, “9 C’s of Citizenship”

Family Reading Tip: Create Your Own Story

Don’t have a book to read? No problem. Making up and sharing stories is as beneficial as reading, and your little one will love it just the same. You can talk and tell stories during meals, potty training, even bath time, and in the car or bus.