Family Activity: New Family Tradition

Creating special traditions with your new blended family can help everyone feel more connected. It can also help ease children’s transitions between homes. Use the ideas below with children to talk about and plan a new family routine or ritual. You might ask:

- **What special meal or recipe could we make together on a weekend (or any particular night)?** Look through cookbooks and recipe websites together.
- **What game could we all play together?** Spending time with one another while having fun is a great way to bond together as a family. Ask your little one what games they’d like to play together.
- **How could we make our new tradition extra special?** For instance, if it’s pizza night, children could make special placemats, or everyone at the table could share the best part of their week.
- **Share the idea with other family members and decide together on your new tradition.** Then, encourage children to draw it out and put it in their own words (write down what they say on the lines). Post the page for everyone in the family to see!

*Inspired by Sesame Street in Communities Activity, "A New Family Tradition"

Family Reading Tip: Learn with a Team

Children learn to read better when they have a team supporting them. Let teachers know what books, tools and tips are making a difference at home. Get the rest of the family involved as well by reading together or talking about your child’s reading milestones.