QUALITY START
LOS ANGELES

EARTH DAY ACTIVITY

If you're looking for a fun and interactive activity to do with your kiddos, check out this family friendly Seed Growing Experiment! You can pick seeds like: sunflowers, peas, or green beans!

STEP 1: Fill the jar with paper towels. Kids can fold them and push them down into the jar. This is also great work for little hands.

STEP 2: Gently water your seed jar just enough to wet the paper towel. Be careful not to overwater.

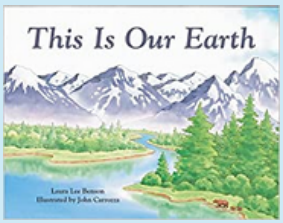
STEP 3: Carefully push seeds down into the paper towels around the edge of the jar so they can still be seen. Make sure they are firmly held in place.

STEP 4: Observe your seed grow a little bit each day! Look for the root to pop out first, then root hairs, and eventually you'll see the stem grow!

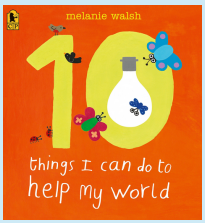
Learn more about this activity here!

Supplies
Glass jar
Paper towels
Seeds of your choice
Water

Learn more about Earth Day by clicking on these read-alouds!



This is Our Earth
Laura Lee Benson



10 Things I Can Do To Help My World
Melanie Walsh

Click here to view our "Learn and Play with QSLA" video tutorial!