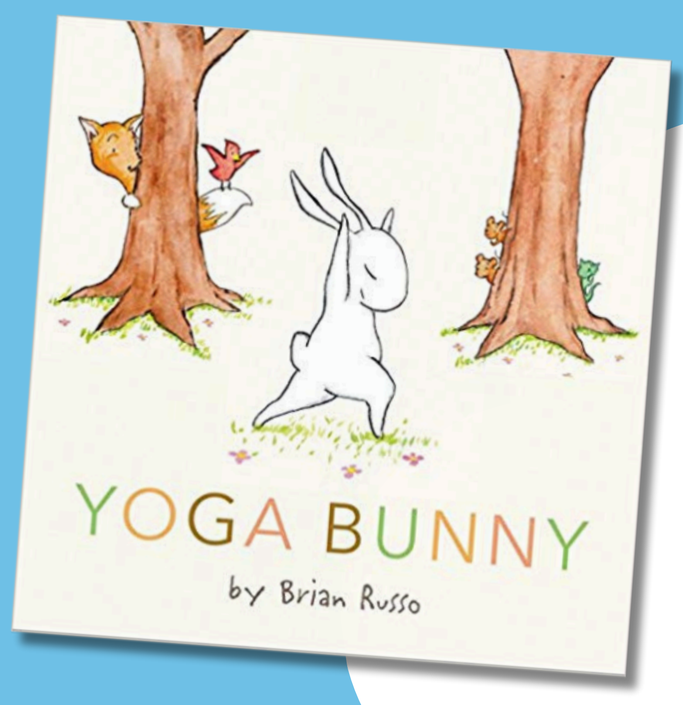
QUALITY START
LOS ANGELES

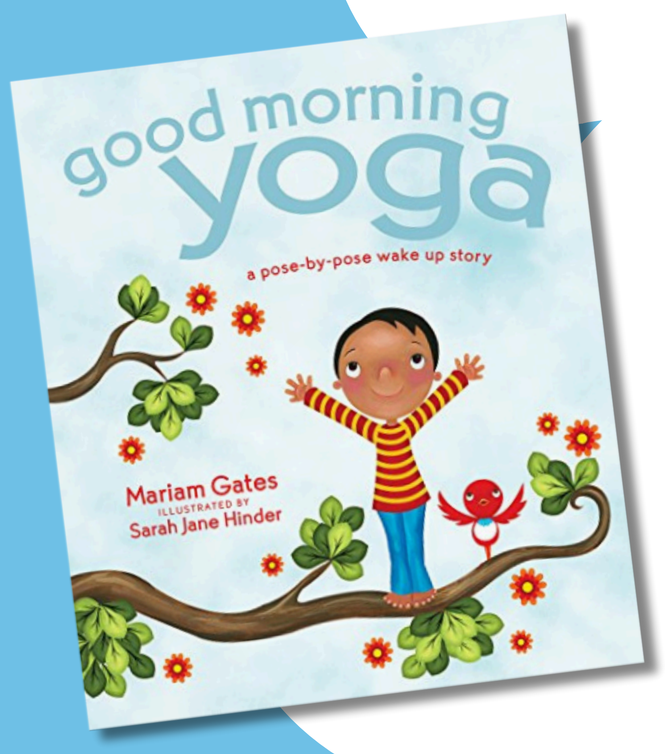
Yoga Booklist

Click on the book covers or titles below for video links to story read-alouds!

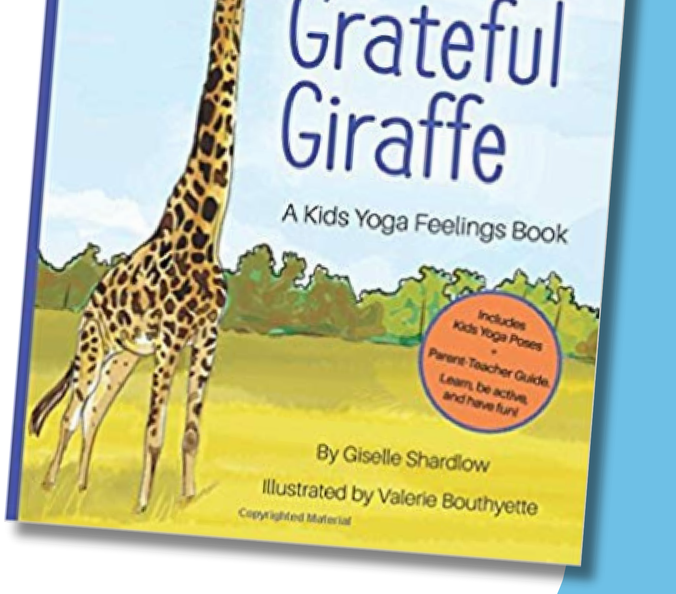


Yoga Bunny
By Brian Russo

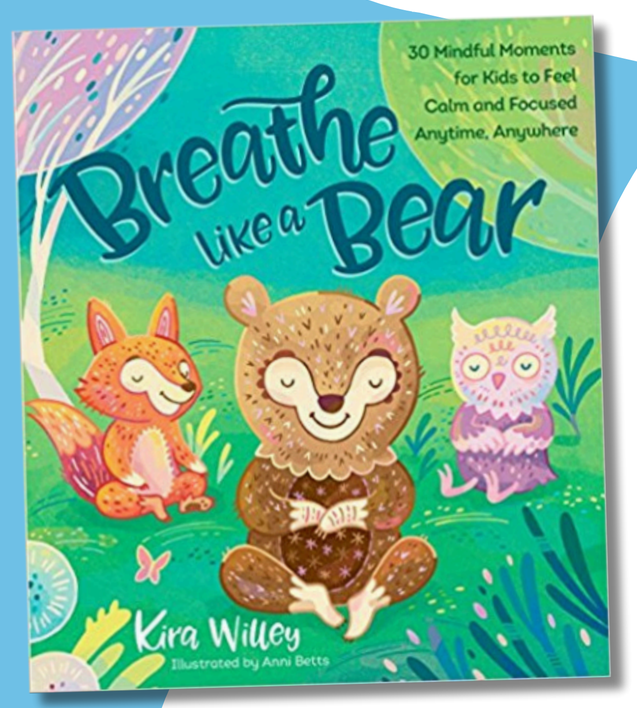
Zoo Zen: A Yoga Story for Kids
By Kristen Fischer



Good Morning Yoga
By Mariam Gates



The Grateful Giraffe
By Giselle Shardlow



Breathe Like a Bear
By Kira Willey

Yoga Bear
By Sarah Jane Hinder

Julieta y un día en el jardín
By Giselle Shardlow